

# HEWITT

## WORLD DAY OF MUSIC: JUNE 21



World Day of Music, observed on June 21, celebrates the universal language of music. Originating in France in 1982 as *Fête de la Musique*, this day has grown into a worldwide sensation, embracing the diverse musical traditions of cultures around the globe.

**Musicians come together from various backgrounds, generations, and cultures, and showcase their talents with numerous songs and musical genres.** World Day of Music also encourages innovation, experimentation, and creativity in music-making. Need ideas on

how to celebrate? Here are a few to spark musical moments:

**Live Performances:** Attend a live performance from a volunteer musician, or at a local music event near you. Go see an artist you haven't seen or heard of before to broaden your musical horizons.

**Music-themed Movies:** Enjoy a musical movie every afternoon for a week! Include recent favorites, like *Sing* or *Chicago*, or classics like *Mary Poppins*, *Singing in the Rain*, or *The Wizard of Oz*. It might even turn into a fun sing-along!

**Music Trivia Night:** Organize a music trivia night featuring

questions about famous bands and musicians throughout history.

**Group Playlist:** Ask friends and family of all generations to each add one to two of their favorite songs to a playlist on your phone or tablet. Enjoy the variety of tunes and have fun discovering new songs and artists.

**Intergenerational Music Activities:** Did you play a musical instrument in your youth? Do you know how to read music? Share this talent with your grandchildren or local youth groups. Show them how to play scales, a simple song, or how to read sheet music.



HEWITT

REHABILITATION AND WELLNESS CENTER



## HAPPY BIRTHDAY Staff

Jacquelyne D.	6/01
Michelle F.	6/04
Angela C.	6/07
Debbie S.	6/15
Susan M.	6/17
Chrysazia A.	6/19
Lanie R.	6/24
Oscar R.	6/25

## WELCOME TO STAFF MEMBERS

**Jesse Clark** joined our team as the new Activities Director. She is a new resident to the Waco area and is loving planning and executing activities with our residents! She is originally from Fort Worth and has lived in many different parts of Texas. Jesse has a Bachelor's in Psychology from UT Arlington and has several years of experience in event planning, hospitality, special needs care, and teaching. She has several fur babies and is an avid crafter and music aficionado.

**Oscar Romero** joined our team as the new Maintenance Director. He is a brand new first-time dad to a beautiful baby boy. Oscar has several years of maintenance experience in the hospitality industry and is a local.

## Letter from Administrator

It is my pleasure to formally introduce myself as the new administrator of Hewitt Nursing & Wellness Center. My name is Christopher Gallardo, and I was born and raised in Arlington, TX. I currently live in Euless, TX with my fiancé, but we are looking to buy a house in the Waco area. I earned my degree in Computer Science from Texas A&M University and completed my course in Long Term Care Administration at McClennan Community College. Before earning my License as a Long-Term Care Administrator, I served as an Assistant Administrator at Forum Parkway Health and Rehab in Bedford, TX. I aim to continue my career in Long-Term Care and one day serve in a regional position for multiple nursing facilities. I am very excited to serve as the administrator of Hewitt Nursing and Rehabilitation and ensure its residents receive the care that they deserve.

## Activity Highlights!

We have introduced a new weekly gathering for the gentlemen on Tuesday mornings to get together for donuts and a good cup of coffee. Whether it's swapping stories or just enjoying a sweet treat, our gentlemen deserve some special time to relax with the company of each other.

We will be celebrating Father's Day on Thursday, June 12th with a good old-fashioned hot dog cookout with Accent Care. We will top it off with some more outdoor fun doing water gun target practice!

Save your pennies for a special weekend outing to Union Grove for lunch on Saturday, June 7th! Union Grove has a variety of cuisines all under one roof. They provide a place where community, history, and culture come together in a socially entertaining way.





# ACTIVITY PHOTO HIGHLIGHTS



*The residents made May Day flower baskets that they chose to dedicate to our amazing nursing staff! These ladies have some serious floral arrangement talent!*



*We have a new Culinary Club that recently experimented making cake pops! Each month residents will get to DIY a culinary creation or two that they can then enjoy the fruits of their labors.*



*Residents have been getting some spa treatment with weekly moisturizing face mask sheets. They get to relax with aromatherapy and soothing sounds*

## Short-Term Therapy Success

**Robert B.** is a 81 y.o. male who had a hospital stay following a car wreck resulting in pelvic fractures.

He participated in PT and OT requiring moderate assistance for transfers, only able to walk 20 ft with a walker with moderate assistance due to pain and moderate assistance for activities of daily living.

His goal was to return home with his wife, walking with a walker. After 14 days of rehab, he was able to discharge home.

At the time of discharge, he was able to walk 250ft with modified independence using a walker. He was performing activities of daily living with modified independence and bathing with set up assistance.

He was eager and willing to participate despite his pain and was able to meet his goal of returning home with family. He



will continue therapy with home health services to safely acclimate back into his home setting.





REHABILITATION AND WELLNESS CENTER

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**hewittrehabilitationandwellness.com**

### ADMINISTRATIVE STAFF

#### ADMINISTRATOR

Chris Gallardo

#### DIRECTOR OF NURSING

Darla Singh

#### ASSISTANT DIRECTORS OF NURSING

Cynthia Valdez

Tisha Chappell

#### ACTIVITY DIRECTOR

Jesse Clark

#### DIRECTOR OF REHAB

Krystal Vanek

#### DIRECTOR OF ADMISSIONS

Lanie Huffman

#### SOCIAL WORKER

Melissa Tumlin

#### BUSINESS OFFICE MANAGER

Debbie Sather

#### PAYROLL/RECEPTIONIST

Shaun Burleson

#### DIRECTOR OF MARKETING

Hailey Carrier

#### TREATMENT NURSE

Gina Pettit

#### TALENT AND LEARNING DIRECTOR

Marissa Anzures

#### DIRECTOR OF THERAPY

Skylar Wolf

#### STAFFING COORDINATOR

Rachael Robinson

#### PPS NURSE

Melanie Kaluza

#### MAINTENANCE

Oscar Romero



## HAPPY BIRTHDAY

### Residents

Gene H.	6/03
Glinda P.	6/12
Joanne R.	6/13
Carolyn W.	6/16
Marie C.	6/18
Laura M.	6/19
Margaret M.	6/20
Donna S.	6/29
Alta B.	6/29

# HAPPY FATHER'S DAY

Be sure to take a moment on Sunday, June 15 to honor dads, foster fathers, grandfathers, uncles and the other important male role models in your life. Let him know how much he means.



*Stay connected.*

f HMGHealthcare

**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

I	X	F	N	X	I	S	O	W	K	G	E	H	B	B
K	Q	R	H	N	B	U	W	B	T	R	J	Y	W	E
O	M	E	N	O	C	R	D	Q	W	A	B	D	X	S
G	V	E	N	T	Y	V	V	J	Q	N	C	R	M	X
I	E	D	N	E	B	I	U	N	Z	D	A	A	U	S
D	Q	O	M	S	O	V	P	V	Z	P	Y	T	S	K
V	P	M	F	O	P	O	Y	O	G	A	H	I	I	R
F	R	R	I	N	T	R	W	R	F	Z	Z	O	C	H
S	X	A	J	G	F	X	W	A	T	E	R	N	C	T
W	F	M	D	S	F	Q	B	G	H	E	A	L	T	H
D	J	C	P	F	F	C	B	L	L	H	P	V	M	V
O	G	S	P	F	A	T	H	E	R	W	R	G	O	G
N	P	D	P	I	A	Z	X	S	E	L	F	I	E	E
U	A	W	X	O	H	N	R	F	J	E	U	B	B	H
T	I	T	Z	G	N	I	C	E	I	H	I	R	A	K

### WORD LIST

DONUT  
FATHER  
FREEDOM  
GRANDPA  
HEALTH  
HYDRATION  
MEN  
MUSIC  
NICE  
NOTES  
SELFIE  
SONGS  
SURVIVOR  
WATER  
YOGA